



COVID-19 Daily Self-Assessment

COVID-19 Symptoms may appear **2-14 days after exposure to the virus.**

Therefore, we expect each member of the Marian University community to perform the following self-assessment on a daily basis before coming to campus or leaving your residential living space:

1. Do you have, or have you had within the last 14 days any of the following symptoms?
 - Fever or chills OR
 - Cough OR
 - Shortness of breath

AND

- Fatigue OR
 - Muscle or body aches OR
 - Headache OR
 - New loss of taste or smell OR
 - Sore throat OR
 - Congestion or runny nose OR
 - Nausea or vomiting OR
 - Diarrhea
2. Have you been in contact, without using appropriate personal protective equipment (PPE), within the last 14 days with someone who has been diagnosed with COVID-19?
 3. Have you been in contact, without using appropriate personal protective equipment (PPE), within the last 14 days with someone who has any symptoms of COVID-19?
 4. Have you traveled internationally, or domestically by air, train, bus or other form of mass transit within the last 14 days?

If you answer YES to any one of these questions:

- **Do not leave your home/living space.**
- **Faculty and Staff: Call your health professional for guidance.**
- **Students: call the Student Health Center at 317-955-6154 to speak to a health professional.**
- **Notify your supervisor, faculty member or coach, as applicable that you will be absent for the day. Continue to update them as the situation warrants.**
- **Do not return to campus activities until instructed by your health professional.**